cumbrialife HOME & GARDEN SHOW 2019

FRIDAY 15, SATURDAY 16, SUNDAY 17 MARCH 2019

RHEGED CENTRE | PENRITH — In **partnership** with

Buzy Lizzie Garden Design & Whitemore & Thwaytes Interiors

Celebrate

Design, build, craftsmanship and innovation from across the North of England and Southern Scotland

Over 70 Selected Exhibitors | Talks, Demos & Masterclasses

G&S Specialist Timber

Greenfields Heat & Power Ltd

Fire Pit DESIGN

KQC Kendal Quality Carpets

PROGRAMME
OF TALKS & MASTERCLASSES

FRIDAY 15 MARCH 2019

10AM
Make your own Drum Lampshade
with **Sonja Tilleard | Shady Business | Cockermouth**
£25 (2 hr)

10AM
Ready for Rain: Making your Home Flood Resilient
with **Emma Greenshaw | Cumbria Action for Sustainability | Penrith**

11AM
The Art of Kokedama
with **Louise Stoddart | Newton Rigg College | Penrith**
A variant of Bonsai, Kokedama is the Japanese art of creating potless plants using a soil mixture, moss and string.
£10 (1 hr)

11AM
MasterChef Ceramics
with **Martin and Siobhan Miles-Moore | Miles-Moore Ceramics & Oli Martin | MasterChef of Hipping Hall Hotel & Restaurant | Kirkby Lonsdale**

12PM
Lighting the House and Garden
with **Luke Thomas | Design Director at John Cullen Lighting | London** (1 hr)

1PM
Paint your own Lamp Base
with **Sonja Tilleard | Shady Business | Cockermouth**
Bring along your own lamp base to decorate with Annie Sloan chalk paints and waxes. £10 (1.5 hrs)

1.30PM
Need a Good Night's Sleep? How to Choose your Bed
with **Chris Cannon | Feather & Springs | Kendal**

2PM
Introduction to Reactive Metal Paints: Create a Copper Verdigris Decorative Box
with **Frank Holmes | Frank Holmes Ltd | Morecambe**
£25 (2 hr)

2.30PM
The 4 R's - Recycle, Reduce, Reuse and Refuse
with **Jay Barker, Lyn Brunetti, Louise Stoddart and Shelagh Todd | Newton Rigg College's Horticultural Team | Penrith**

TALKS

Free with your show ticket
30 mins + 10 mins Q and A unless specified otherwise

MASTERCLASSES

Individually priced
These are for show ticket holders only. Our experts are leading these sessions at a special price to support the show. Advanced booking essential, limited spaces

Demonstrations by experts and have-a-go

Learn from experts and create a product to take home

VISIT RHEGED.COM TO FIND OUT MORE

TALKS & MASTERCLASSES

SATURDAY 16 MARCH 2019

10AM
Gardening for Bees
with **Jamie Normington | Cumbria Wildlife Trust**

10AM
How to Make a Roman Blind, the Professional Way
with **Ashlea Ginesi | Ashlea's Fine Furnishings | near Penrith** | £10 (2hr)

11AM
How to Wallpaper like an Expert
with **Frank Holmes | Frank Holmes Ltd | Morecambe**

11AM, 11.45AM & 12.30PM
Children's Masterclass: Wildflower Seed Bomb or Natural Bird Feeder
with **Kate Jackson | Cumbria Wildlife Trust | Suitable for ages 4+**
£3 (30 mins) (proceeds to Cumbria Wildlife Trust)

12PM
'Man Bends Tree'
with **Charlie Whinney | Charlie Whinney Studio | Witherslack, Grange-over-Sands**
(1 hr)

1PM
Finishing Touches: Interior Styling Tips for your Home
with **Amelia Wilson | Amelia Wilson Interiors | near Workington**
£10 (1.5 hr)

1.30PM
Lowther Castle – a Garden's Journey
with **Martin Ogle | Head Gardener of Lowther Castle & Gardens | near Penrith**

2PM
How to Make a Fabric Covered Headboard
with **Stephen Ball | Stephen Ball Upholstery | near Penrith £10 (1.5hrs)**

2.30PM
Designing your Home for a Low Energy Consumption Future
with **Laura Miller & Simon Blunden | Miller Clear Architects | Kendal**

BOOK ONLINE AT RHEGED.COM

TALKS & MASTERCLASSES

SUNDAY 17 MARCH 2019

10AM

How to Design your own Piece of Furniture
with **Luke Harding | MOS Bespoke Furniture | near Keswick** £10 (1.5hr)

10.30AM

Using Colour in your Home - How to be Adventurous
with **Maureen Whitemore | Whitemore & Thwaytes Interiors | Penrith**

11AM

Making a Spring Wreath
with **Alice Whysall-Price | The Girl that Gardens | Brampton** | Make your own zero waste, compostable seasonal wreath, made using all-natural workings with willow, eco-wraps and the best of British spring flowers.
£20 (1.5hr)

11.30AM

Doing School Differently: Growing Community Well-Being
with **Alison Wilkinson and Simon Wilson | QEStudio School | Kirkby Lonsdale**

12.30PM

Tales of a Candle Maker from Scent Design to Wellbeing
with **Kate Antrobus | Bous Candles | Penrith**

1PM

Upholstering an Ottoman
with **Judi Egerton | On the Couch Cumbria | near Appleby-in-Westmorland |**
£10 (1.5hr)

1.30PM

Essential Guide to Meconopsis
with **Helen Knowles | Tinnisburn Plants | Canonbie, Dumfries & Galloway**

2PM

Preparing for a Design Project
with **Rod Hughes | 2030 Architects | Penrith**
Rod has a wealth of experience interpreting client's demands, ideas and dreams, and will share some simple methods to turn these into an effective design brief.
£10 (1.5hr)

BOOK YOUR TICKETS ONLINE AT RHEGED.COM

Friday-Saturday 9am-5pm | Sunday 9am-4pm
£5 advance, £7 on the day, £10 weekend
U16 go free | Free park and ride from Penrith Auction Mart

RHEGED CENTRE | M6 J40 | PENRITH CUMBRIA | CA11 0DQ | 01768 868000